

1. COVID-19



- Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus.
- Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment.
- Older people, and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness.
- The COVID-19 virus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes.
- In many countries some mortality rate ranged from 5 to 10 every 1,000 people from COVID-19.
- At this time, there are no specific vaccines or treatments for COVID-19.

Based on available evidence, children do not appear to be at higher risk for COVID-19 than adults. While some children and infants have been sick with COVID-19, adults make up most of the known cases to date. However, a few children have developed multisystem inflammatory syndrome.

Resources:

https://www.who.int/emergencies/diseases/novel-coronavirus-2019 https://www.cdc.gov/coronavirus/2019-ncov/faq.html



General Safety Measures

- Students and staff must follow the <u>health recommendations during a pandemic</u> at all times.
- People must avoid greetings that involve physical contact, such as shaking hands. Use alternative ways to greet people.
- Groups must take their recess and move about the school at different times.
- People must avoid sharing items (pencils, toys, copybooks, dishes, utensils, etc.).
- Students and staff must limit the items they carry with them between school and home.
- Students and staff must bring their own lunch.
- Students and staff need to wash hands frequently for 30 seconds using soap or use hand sanitizers.
- Surfaces in classrooms and bathrooms will be cleaned regularly.



3. Dealing with the Pandemic

General Safety Measures

The following people must stay at home:

- Anyone who has symptoms compatible with COVID-19.
- Anyone who has been diagnosed with COVID-19.
- Anyone who has had close contact with a confirmed case of COVID-19.
- Anyone who has returned from travelling until their period of self-isolation is over.
- Anyone who develops symptoms compatible with COVID-19 during the day must leave the school campus immediately, s/he will be isolated in a room until they are picked up from the school. The room will be aired and disinfected once the person has left.

General Safety Measures In case a student / Staff member is diagnosed with COVID-19

In case of a positive COVID 19 case appears in the school, the school will follow the Ministry of Education guidelines.

While on school campus, students are requested to abide by the following rules:

- 1- Wear the face shield/ mask at all times while on school premises.
- 2- Have own sanitizer and have it on the desk to be used frequently every 20 minutes.
- 3- Have own sanitized stationery in a zipped pencil case.
- 4- Have own snacks and meals in disposable plastic bags, to be placed in own bag.
- 5- Sick students with temperature of 37.5 / cough/ headaches/ diarrhea should not come to school.
- 6- In case of fever, students will not be admitted to school or school bus and parents need to take students home immediately.
- 7- Students shouldn't be left in the isolation room more than one hour maximum.
- 8- While in class, students should stay within their marked area and not to wonder about and touch other students.
- 9- Students should follow teachers' instruction in regards to health measures.
- 10- Handshakes to be avoided and any other unnecessary physical approach to other students.



On campus preventive and safety procedures:

- No morning lines, No collective dismissal.
- Shorter school day at the beginning of the year. (No prayer in school, No long breaks, only short snacks)
- Online resources and virtual classes will be available for those who can not attend.
- Using plexi table separators (EC- EL students) and emptying all classrooms from unnecessary furniture to provide more space.
- MS/ HS students are divided into two groups in attending the school to ensure social distance.
- Temperature Screening when entering school campus and when getting on the bus.
- Have a sanitizing center in each class and in hallways.
- Cleaning all surfaces after sessions when students leave the classroom.

Preventive and safety procedures:



- Students will be reminded to use their hand sanitizers every 20 minutes.
- Students must clean their hands before going in or out of rooms.
- When using restrooms, nannies are to clean after each student with disinfecting products.
- Students must not share personal items such as stationary, food and stick to their marked personal space.
- Students need to remain seated while in class in their assigned seats.

Preventive and safety procedures:

- Regular cleaning at the end of each session.
- Cafeteria has a different system that will be communicated separately.
- Reducing use of papers.
- Online homework and assignments.



Preventive and safety procedures:

For EC Students:

- Teachers wait for students in classes, students can have breakfast until the beginning of the first session.
- Bags will be hanged on student's chair to minimize movement.
- Breaks for G1 and 2 every 3 classes at a time.
- Breaks for KG students every 2 classes at a time.
- No home connections and reducing use of papers.



Safety Measures for EC students



- Provide more space by removing any unnecessary furniture including cubbies.
- Using visual reminders in order to comply with the physical distancing standard of 1 meter between children and young people.
- Hand sanitizing center in each classroom.
- Marked lines on the floor between desks.
- Activity subjects will divide classes into 2 groups.
- (Art/STEAM half the class in each room) (PE/ICT- half the class in each room)

Safety Measures for EC students

- Students' manipulatives to be kept in zip lock bags and kept in boxes.
- Home connection will be replaced by emails to teachers.
- Students to be sent to restrooms individually or in 2s for washing hands.
- Transitions after each class have clear rules in order to avoid having students grouped in one area.
- Lining up procedures and floor marks to be mandatorily applied.

In-School Safety Measures

- Washrooms and surfaces that are touched regularly (door handles, switches, offices, computer equipment, desks, drinking dispensers, faucets, etc.) are cleaned several times a day.
- Physical distancing of at least 1 meter between students will be implemented on campus. The school hallways will include floor signs to help maintain social distancing.
- Classrooms and busses are ventilated at all times.
- Absence of vulnerable students or those who are prone to catch the disease will be considered.
- An official medical report will be required in case of prolonged absence.

Paving the Way – Tips for Teachers

- Focus on good health behaviors.
- Demonstrate why it is important to wash hands for 20 seconds with soap and water
- Have students analyze high risk behaviors and suggest modifying behaviors.
- Remind students to use hand sanitizers while in place every 20 minutes.

Paving the Way – Tips for EC Teachers

- Sing a song while washing hands to practice the recommended 20 second duration.
- Children can "practice" washing their hands with hand sanitizer.
- Develop a way to track hand washing and reward for frequent/timely hand washing.
- Use puppets or dolls to demonstrate symptoms (sneezing, coughing, fever) and what to do if they feel sick (i.e. their head hurts, their stomach hurts, they feel hot or extra tired) and how to comfort someone who is sick (cultivating empathy and safe caring behaviors).

Tips for EC Teachers

- Put a small amount of glitter in students' hands and have them wash them with just water, notice how much glitter remains, then have them wash for 20 seconds with soap and water.
- Have students analyze made up stories to identify high risk behaviors and suggest modifying behaviors. For example, a teacher comes to school with a cold. she sneezes and covers it with her hand. she shakes hands with a colleague. She wipes her hands after with a handkerchief then goes to class to teach. What did the teacher do that was risky? What should she have done instead?
- Line up students in 2 groups each with a teacher to go out of class.

Tips for Teachers

- Have children sit further apart from one another, have them practice stretching their arms out or 'flap their wings', they should keep enough space to not touch their friends.
- Emphasize that children can do a lot to keep themselves and others safe. Introduce the concept of social distancing (standing further away from friends, avoiding large crowds, not touching people if you don't need to, etc.)
- Focus on good health behaviors, such as covering coughs and sneezes with the elbow and washing hands.
- Help children understand the basic concepts of disease prevention and control. Use exercises that demonstrate how germs can spread. For example, by putting colored water in a spray bottle and spraying over a piece of white paper. Observe how far the droplets travel.

Tips for Students

- Have students sit further apart from one another.
- Emphasize that children can do a lot to keep themselves and others safe and the concept of social distancing (standing further away from friends, avoiding large crowds, not touching people if you don't need to, etc.)
- Focus on good health behaviors, such as covering coughs and sneezes with the elbow and washing hands.
- Help students understand the basic concepts of disease prevention and control.





















CORONAVIRUS PREVENTION



Academics

Face to Face

Based on the age group schedule, students are to attend classes for a full day schedule. All material covered will be uploaded on line and shared by the end of the day with the daily report for EL- HS and weekly report for EC.

All presentations used in class will be uploaded at the beginning of each week.

Homework will be done online as well as quizzes.

Online

In case a student is sick or on the schedule of online days, s/he can follow up online and work on covered material and submit homework/ quizzes online.

Parents are requested to follow up on students' online participation and covering material sent online, including watching presentations/ videos, carrying tasks, recording videos and taking quizzes.

Dismissal

Students will be dismissed from their classes in staggered times from different gates.





4. Parental Responsibilities

Parental Involvement



- Students must get used to wearing the mask.
- students need to have the habit of washing hands regularly and using hand sanitizers.
- Cough and sneeze into a tissue and avoid touching face, eyes, mouth, nose.
- Encourage students to follow social distancing rules and teachers instructions.
- Help teachers to encourage students to stick to their personal space and not to share personal items.
- Help teachers if the child is reported not to follow health requirements such as keeping the face cover on or keeping distance from others.
- Check the child's temperature and monitor any sickness symptoms.

Parental Tips



- Report any health issues to the school office immediately.
- In case of sickness, provide the school doctor/ office with a medical report by email before sending the child to school.
- Encourage your children to ask questions and express their feelings with you and their teachers. Remember that your child may have different reactions to stress; be patient and understanding.
- Prevent stigma by using facts and reminding students to be considerate of one another